

Instructions for After LASIK

Congratulations on completing your laser vision correction procedure! In order for you to get your best vision after LASIK, please follow these instructions.

Use your drops. They help with healing and infection prevention.

- Unless instructed otherwise, use one drop of each medication in the operative eye(s) every hour while awake on the day of surgery, then 4x/day for six days thereafter.
- Leave at least one minute between drops.
- If you do not have your drops, call our office immediately and we will call them in to your pharmacy.
- Our usual drops are gatifloxacin (tan top) and prednisolone (usually a pink top or white top). If the drops you have are different than these, please call our office.
- You can use artificial tears after your procedure if needed for comfort.

DO NOT RUB YOUR EYES. Gentle dabbing with a tissue is fine.

Take a nap when you get home from the procedure. Your eyes will feel better when you wake up.

Do not shower or bathe until the day after the procedure.

For the first two weeks after the procedure, do not:

- Submerge your face in bathwater.
- Get pressurized water from the shower directly in your eyes.
- Go into a hot tub or chlorinated pool.
- Wear eye makeup.
- Rub your eyes.

It is normal to experience some or all of the following in the first 24 hours.

- Tearing
- Stinging
- Foreign body sensation
- Headache
- Sensitivity to light
- Fluctuations/blurriness in vision

Call our office at 860-373-4148 if you experience any of the following:

- Severe pain
- Worsening vision in one or both eyes
- Any other symptoms that concern you