

## Prescriptions for LASIK Medications

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Clinics in Groton, Norwich, Willimantic, and Danielson

Patient name: \_\_\_\_\_ Date of Rx: \_\_\_\_\_

Rx 1:

gatifloxacin 0.5% ophthalmic: 1 drop in the surgical eye(s) every hour while awake after surgery. Starting the day after surgery, use 4x/day for a week, then stop.

Dispense 1 bottle, 2 refills

Rx 2:

prednisolone 1% acetate: 1 drop in the surgical eye(s) every hour while awake after surgery. Starting the day after surgery, use 4x/day for a week, then stop.

Dispense 1 bottle, 2 refills

Prescriber signature: \_\_\_\_\_

Kevin B. Cranmer, MD

## Instructions for LASIK Medications

It's important that you use your medications as instructed. They help prevent infection and help you to heal. If you have any questions about how to use them, please call our office at 860-373-4148.

This is the usual course of drops. If Dr. Cranmer gave you different instructions, follow those.

Two hours before surgery	<u>Xanax</u> 0.25mg tablets (for anxiety): one tablet by mouth. You may take the second tablet if you still feel nervous after an hour.
Starting when you get home after surgery	<u>Gatifloxacin</u> (antibiotic): 1 drop in the surgical eye(s) every hour while awake <u>Prednisolone</u> (anti-inflammatory): 1 drop in the surgical eye(s) every hour while awake
Starting the morning after surgery	<u>Gatifloxacin</u> : 1 drop in the surgical eye 4x/day <u>Prednisolone</u> : 1 drop in the surgical eye 4x/day
1 week after surgery	<u>Gatifloxacin</u> : stop <u>Prednisolone</u> : stop <u>Artificial tears</u> (lubrication): 1 drop in the surgical eye(s) 4x/day
30 days after surgery	<u>Artificial tears</u> : use as needed for dryness or irritation

Your vision in the first days after surgery may be variable and you may have some irritation or scratchiness. This is normal. These symptoms should get gradually better. If you have worsening vision or increasing discomfort in the days to weeks after surgery, please call Dr. Cranmer at 860-373-4148. If your vision worsens suddenly, please call immediately.

If you are allergic to these medications, or ones that sound similar to them, do not take them. Please call our office.

## **Instructions for before LASIK:**

- Don't wear contact lenses for three days before surgery.
- Shower and wash your face on the morning of surgery.
- Don't wear any makeup or other products on your face on the morning of surgery.
  - No mascara or eye-liner
  - No perfume
  - No lotions or creams
- Wear loose fitting, comfortable clothes and shoes.
- Wear pants, not a dress or skirt.
- Payment is required prior to surgery.
  - Please pay on website prior to surgery.
  - If paying by check, we must receive your check at least one week before surgery.
- Please arrive on time or early to the laser center. It is located at 79 Wawecus Street in Norwich, CT, in the Norwich Ophthalmology Group office. Enter the building through the front door, which is off the driveway circle. The office is on the right as you enter the building.

## **Instructions for after LASIK:**

- DO NOT RUB YOUR EYES. You may gently dab your eyes with a tissue, with your eyes closed.
- Use your drops according to the schedule your surgeon gave you.
- Your eyes will feel irritated and scratchy after surgery.
- Take a nap when you get home. Your eyes will feel better when you wake up.
- Do not shower until after your first post-operative visit. For the two weeks after LASIK, do not get water in your eyes in the shower.
- Do not go in a hot tub for one week following the procedure.
- Do not wear eye make-up for one week after the procedure.
- Do not exercise for one week after the procedure. Walking is OK.
- Do not swim for two weeks after the procedure. Wear goggles or a mask until you are one month out from the procedure.
- Be on time to all your post-operative appointments.
- It is normal to experience some or all of the following in the first 24 hours:
  - Tearing/stinging
  - Foreign body sensation
  - Headache
  - Sensitivity to light
  - Fluctuations/blurriness in vision
- Call our office if you experience any of the following:
  - Severe pain in your eye(s)
  - Sudden loss of clarity in an eye
- Please call our office if you are worried about anything or have questions. Our telephone number is 860-373-4148.